**Adventist Health Ministries Director’s Report 2022:**

**Adventist Health Week:**

With contributions from all areas of our Division Health leadership, we saw health week resources distributed to all our conferences and missions. And from there to the various local churches under their support.

For those who chose to complete the weeklong devotions, we had positive feedback.

ELIA Wellness now has Purposeful and Empowered Living (new name), which this year’s Health Week was focussed on, as part of their suite of online programmes available for ELIA partners to run in the community.

**Community Champions Network**

The annual CCN conference was held at the end of May. The event was a virtual one, where we noted over 120+ people tuned in.

The feedback from those who attended was positive. Many appreciating the plenary speakers and workshops provided.

For 2023 we will be hosting another CCN conference that will be held on three separate sites across New Zealand simultaneously. We are yet to finalise speakers for our Plenary sessions as well as workshops, and how the latter will be live streamed. The venues will be in Auckland, Wellington, and Christchurch.

Further, the CCN is looking at ways to show case our ministries with a focus on how each interlinks with the others.

**10,000 Toes Live More Abundantly Programme**

The Live More Abundantly Programme is aligned with the CHIP principles and based on a similar format. However, it is a version of CHIP that is directed to those who speak English as a second language, and was developed specifically for Pasifika peoples e.g. it has been trialled in Fiji, Samoa, Vanuatu, and the Solomon Islands.

We are currently asking that this programme be made available to our Pasifika peoples in New Zealand, as well we are looking at it being translated into French for our French speaking territories.

We are optimistic that it will be available in NZ in 2023, however an MOU will need to be signed between the NZPUC and ADRA Australia who created the programme from the original CHIP curriculum.

**Recovery Ministries for Schools and Young people (ALLIES project)**

Health Ministries met with our Education colleagues last month, to discuss the next phase of the ALLIES project.

Our funding from the SPD has been granted. And we plan to work with the Education department in creating a unit, and pilot programme for 2023.

Mrs Hana Greenfield continues to work on this project for Health Ministries.

**Wellness Hubs**

Our work with local churches becoming a Wellness Hub continues to move forward.

We are working with ADRA and Discipleship ministries as to how this will evolve, when incorporating the Community Champions Network project into the equation.

**Mental Wellbeing for our Ministers**

On meeting with our conference leaders, it was felt that a survey to ascertain the level of need for our ministers was warranted.

Adrielle met with Pastor Victor Kulakov, director for Ministerial Development and Discipleship and plans were made to create a survey. The survey will be offered to ministers across New Zealand and our other territories as we continue to seek the best ways to assist our minister’s wellbeing and build resilience within the various conferences and mission teams.

**CHIP Boutique programme**

CHIP has been successfully run in South NZ, with Mrs Kerry Gosset running a revised programme in Nelson within a community person’s home. There has been multiple follow-up monthly” CHIP” get-togethers”.

**CHIPPERS**

Monthly CHIP programmes continue to run, where former participants gather and share their current experiences they are living while on a plant-based diet.

**DARP and Forgive to Live Southland**

Invercargill trained facilitators and have run the Depression and Anxiety Recovery Programme. Eleven participants finished the course and were very positive with their feedback. They are keen to see more programmes of this sort being run in the community.

The Invercargill church community have also run a Forgive to Live programme, which was very well received.

There are plans to continue using Health ministry as a form of outreach to the community in Southland, we are excited to see how this area will develop their status as a Health Hub.

**Cooking With Plants**

Kerry Gosset and her team of volunteers in South New Zealand continue to offer and run Plant-based cooking classes and demonstrations in and around Canterbury.

These events are always well attended by the local community and offer positive connections with the local church.

We are always thankful and blessed to have so many volunteers in South New Zealand, who are willing to give their time and effort to help the communities they serve.

**ADRA filming**

ADRA NZ produced several short films that highlighted the positive effects of the Depression and Anxiety Recovery Programme, which is an “off-the-shelf” programme for the Community Transforming Partnership initiative.

The filming looked at the positive effect DARP has had on those who run or have attended the programme.

The content of the films concentrated on those who have attended programmes in South New Zealand as SNZC is has run the most DARP programmes in our territory.

**ELIA Wellness and GC online Training/Coaching**

This year the following online training was run:

* Lifestyle Health Coaching (GC)
* ELIA partners training (ELIA)
* Addiction Recovery Ministries training (GC)
* Forgive to Live (ELIA)
* De-stress and Thrive (ELIA)
* Gut Health (ELIA)
* Purposeful and Empowered Living (ELIA)

**Health Professional and Leader Data Base**

Another 10 names have been added to the data base this year, bringing the total on our data base to around 430.

**Policies and Protocols**

No updates or changes to policies or protocols to date.

# Intersectoral Meetings & Projects:

|  |  |  |  |
| --- | --- | --- | --- |
| **Organisation** | **Department** | **Project/Meeting** | **Outcome** |
| Te Pou  Mental Health First Aid | Mental Health – Te Pou (an NGO with Govt funding) | As necessary | We will be working with Te Pou into the future delivering MHFA around Aotearoa |
| Alcohol Action New  Zealand (AANZ) | AANZ Committee | Bi-Monthly meetings - teleconference | Judy McAnulty will help promote the 5 primary areas of focus for AANZ. |

# Inter-ministerial Meetings & Projects:

|  |  |  |
| --- | --- | --- |
| **Ministry/Entity** | **Project/Programme/Committee** | **Progress/Outcome** |
| TEAM Talk NZPUC | • Team building/communications | Monthly |
| North New Zealand Conference | • Team Meeting | Monthly |
| South New Zealand Conference | • Meeting as needed or requested | Ongoing |
| Discipleship | • Community Champions Network | As needed |
| Education | * Resilience Initiative | Ongoing |
| ADRA | * The Community Transforming Partnership * PROCOM Programme Committee * Community Champions Network | Ongoing    Quarterly  Monthly/ as needed |
| HOPE Channel NZ | * TV Series Cooking Two Ways * Content Review Committee * Content Committee | On hold  Fortnightly  Monthly |
| Ministerial | * Ministers Mental Wellbeing * Women in Ministry | As needed  As needed |
| NZPUC | • Executive (invitee) | Ongoing |
| Comprehensive Health  Ministries (CHM)  Arena One | * CHM for the Division, strategic planning, review, and recommendations * 10,000 Toes Clinics Advisory * Wellness Hubs Advisory | Quarterly / as needed    Bi-monthly  Bi-monthly |
| Florida Hospital / North  American Division | * Translation into French Study Guide * Small Groups Workbook | Completed, awaiting next steps  Completed, awaiting design from Florida Hospital |
| NZPUC COI/Community Champions Network | * Planning committee * Workshops | On-going  On hold in definitely |
| Adventist Health Leaders Online meetings | * Health Leaders and those interested in health initiatives | On hold |